
RA’ED SHUDIFAT PhD, RN

Associate professor

Faculty of nursing/ mutah university

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# Education

**PhD Manchester Metropolitan University** October 2006

Faculty of Health Care Studies

 United Kingdom

**MS University of Jordan** June 1997

 Faculty of Nursing

 Jordan

**BS University of Jordan** June 1986

 Faculty of Nursing

 Jordan

# Honors and Awards

**Awarded by Director of Royal Medical Services 2008**

**Awarded by Nursing and Midwifery Association 2010**

**Awarded by Dean of the Nursing College 2012**

**Awarded by Faculty of Nursing- University of Jordan 2015**

# Teaching Experience

* Taught the following courses:

1. Fundamental of nursing (theory)

2. Fundamental of Nursing (Clinical)

3. Adult Nursing (1) Theory

4. Adult Nursing (2) Theory

5. Adult Nursing (1) Practice

6. Adult Nursing (2) Practice

7. Health Education and Communication skills

8. Nursing Research

9. First Aids

10. Medical Terminology (For health sciences students)

11. Evidence Nursing Practice/ Master level

12. Nursing Theory/ Master level

13. Anatomy and physiology (For health sciences students)

14. Microbiology (For health sciences students)

15. Pathophysiology

16. Physical Assessment

17. Critical care Nursing

18. Work health and safety (For health sciences students)

19. Introduction to Health (For health sciences students)

20. Ethical and legal issues in Nursing (Master level)

* Developed quizzes, exams, and homework
* Revised the syllabus to meet accreditation standards
* Participate in teaching Nursing courses at Jordanian Nursing Council
* Active participant in teaching at Continuing Education Courses
* Associate Professor- Adult Nursing Dep. Nursing College- Mutah University
* Associate Professor in teaching First Aid course to Medical Technology Students. Royal Medical Services

# Publications

## Books

**Shudifat** R. (2008). Manual of Operation Rooms. Royal Medical Services

## Journal Publications

* **Shudifat** R. (1997) the role of Nursing and Physiotherapy in Caring for Stroke Patients. Jordanian Nursing Council Journal
* **Shudifat** R. (1998) Pineal Gland (the third eye). Jordanian Nursing Council Journal
* **Shudifat** R. HayajnehF. And Mahadeen A (2009) The Effect of International Courses on Nursing Practice at Jordanian Hospitals. The Journal of Continuing Education in Nursing 40 (4)
* Hala Oubeidat, **Shudifat** R., Malkawi O, Alduhon A, Gyshan H (2010) Family Dynamics in Parenting Asthmatic Child. Jordanian Medical Journal, 44(2) 216-222
* **Shudifat** R. Shuriquie M (2014) Learning Experiences of Jordanian Nursing Students Using Care Plan Assignment. European Journal of Scientific Research. 126(4) 395-401
* **Shudifat** R. (2015) Post Basic Education in Nursing: Qualitative study. European Journal of Scientific Research. 129(3) 296-306
* **Shudifat** R. and Husban R. (2015) Perceived Sources of Stress among First- Year Nursing Student in Jordan. Journal of Psychosocial and Mental Health Nursing
* **Shudifat** R., Hamlan A. and Bani Khalid M. (2015) Perception of Clinical learning environment and supervision of undergraduate nursing students. European Journal of Scientific Research.135(4)
* **Shudifat** R., Zawaherh S, Shuriquie M, Da’jah A, Obeidat H: Family Needs of Critically ill Children, Mutah University for Science and Studies, 2016
* Shuriquie M, Bani Khaled M, **Shudifat** R, Shagdeeh E, Ramadneh A: Perception of Quality of life among patients with peripheral arterial diseases in Jordan. Jordan Medical Journal 2016.
* Suhiemat A.; **Shudifat** R.; Obeidat H. (2020): Maternal level of education and Nutritional practices regarding iron deficiency anemia among preschoolers in Jordan. Journal of Pediatric Nursing; Nov-Dec 2020;55: e313-e319. doi: 10.1016/j.pedn.2020.08.019. E pub 2020 Sep 12
* **Shudifat** R. (2020) Professional Development of Nurse Educators: results of focus group of Jordanian Nurses. January 2020. Health Science Journal 14(1). DOI: 10.36648/1791-809x.14.1.696
* Dalky H.; Gh. Nariman; Al Kuwari M.; Alnajar M.; Ismaile S.; Almalik M.; **Shudifat** R. Sanad S.; Al-Nsair N.; Al Matrooshi (2021) Assessment of the Awareness, Perception, Attitudes, and Preparedness of Health-care Professionals Potentially Exposed to COVID-19 in the United Arab Emirates. Journal of Multidisciplinary Healthcare 2021:14 91–102
* Al-Husban RY, **Shudifat RM,** Tarawneh FS. Clinical Instructors' Caring Behaviors as Perceived by Nursing Students. Nurs Educ Perspect. 2022 Nov-Dec 01;43(6):E62-E64. doi: 10.1097/01.NEP.0000000000000957. PMID: 36315887
* Alnajar M.; **Shudifat** R.; Mosleh S.; Ismaile S.; N’erat M.; Amro K. (2021): Pain Assessment and Management in Intensive Care Unit: Nurses’ Practices, Perceived Influencing Factors, and Educational Needs. The Open Nursing Journal; 15, 170-178. **DOI:**[10.2174/1874434602115010170](http://dx.doi.org/10.2174/1874434602115010170)
* Mosleh, S. M., **Shudifat,** R. M., Dalky, H. F., Almalik, M. M., & Alnajar, M. K. (2022). Mental health, learning behaviour and perceived fatigue among university students during the COVID-19 outbreak: a cross-sectional multicentric study in the UAE. *BMC psychology*, *10*(1), 47. <https://doi.org/10.1186/s40359-022-00758-z>
* **Shudifat R,** Algunmeeyn A, Shoqirat N, Alja'afreh M. The Experience of Being Male Nurse: Exploring the Enhancing Factors and Barriers of Jordanian Nursing Students. SAGE Open Nurs. 2023 Mar 17;9:23779608231164080. doi: 10.1177/23779608231164080. PMID: 36949850; PMCID: PMC10026134.
* Alarabyat IA, Al-Nsair N, Alrimawi I, Al-Yateem N, **Shudifat RM,** Saifan AR. Perceived barriers to effective use of telehealth in managing the care of patients with cardiovascular diseases: a qualitative study exploring healthcare professionals' views in Jordan. BMC Health Serv Res. 2023 May 8;23(1):452. doi: 10.1186/s12913-023-09368-w. PMID: 37158886; PMCID: PMC10166035.

# conferences

* The Second International Nursing Conference. University of Jordan 11-12 October 1995
* Mayo/Jordan Satellite Nursing Conference: Providing Care to the Pediatric in Intensive Care, October 1997
* 9th Nursing and 1st Allied Health Scientific Day. Royal Medical Services, May 1997
* 10th Nursing and 2nd Allied Health Scientific Day. Royal Medical Services, May 1998
* First International Military Conference. Royal Medical Services, 15-16 September 1999
* Third Scientific day of Allied Health Professions. Royal Medical Services May 2000
* 11th Nursing scientific day. Royal Medical Services, July 2000
* 12th Nursing scientific day. Royal Medical Services, July 2001
* The 13th Scientific Nursing day. Royal Medical Services. August 2002

* The Jordanian Society of Endocrinology, Diabetes and Metabolism and The American Association of Clinical Endocrinology: Nurses Diabetes education course, 16-19 may 2007
* Institute for family Health- Noor Alhussien Foundation: Open day for Prevention of HIV. Princess Mona College of Nursing January 2007
* The Second Scientific Day Nursing College Al abit University. April 2007
* The 16th Scientific Day of Nursing and Allied Health Profession. Royal Medical Services 2007
* The 1st Regional Medical Conference on Disaster Management. Royal Medical Services- November 2007
* Second International Nursing Conference titled: The Less Traveled Road: Search for New Realities. March 2008 Jordanian Nursing Council.
* Writing for publication in nursing: Reach for the stars. April 2008 Jordanian Nursing Council.
* Evidence Based Nursing and Midwifery Practice; A Workshop for Nurses and Midwives. May 2008 Faculty of Nursing/Mutah University.

* The 4th International Conference of the Royal Medical Services. May 2008 Amman
* The 1st Scientific day. Princess Mona College of Nursing and Allied Health Professions July 2008
* The 17th Scientific day of Nursing and Allied Health Profession. Royal Medical Services. April 2009
* Celebrating 25 years of Excellence. Jordan University of Science and Technology/Faculty of Nursing. 2009
* The 2nd Scientific Day. Princess Mona College of Nursing and Allied Health Professions November 2009
* The First National Conference ‘expending horizon of the nursing profession’ Zarqa Private University March 2010
* The 5th International Conference of the Royal Medical Services. May 2010
* 21st International Nursing Research Congress. 12-16 July 2010. Orlando, Florida, USA
* The 3nd Scientific Day. Princess Mona College of Nursing and Allied Health Professions November 2010
* 1st Scientific Day of princess Haya Al-Hussein Hospital. Royal Medical Services. January 2011
* 18th Scientific Day for Nursing and Allied Health Professions. Royal Medical Services May 2011
* 4th Scientific Day. Princess Mona College of Nursing. November 2011
* The 6th International Conference of the Royal Medical Services. November, 2012
* The 4th International Nursing Conference. Jordanian Nursing Council. April 2013
* The 7th International Conference of the Royal Medical Services. November, 2014
* Applied Science Private University- Faculty of Nursing ‘toward innovation in nursing Practice’ December 2014
* Transforming Quality Nursing Care: Promise and Potential. April 2015 Jordanian Nursing Council.
* The 4th Scientific day. ‘Quality of Clinical Training’ Philadelphia Private University- Faculty of Nursing. May, 2015
* The 20th Nursing Scientific Day ‘Adapting to Change… Commitment to Quality’. October 2015 Royal Medical Services.
* The 8th International Conference of the Royal Medical Services. November, 2016
* The 10th scientific day Mutah university- Faculty of Nursing “Clinical Nursing: Rhetoric, Reality and Future Opportunities. March, 10th 2018
* The 8th Nursing Scientific day and 1st Applied Science scientific day ‘Towards education based on competencies. Isra University March, 29th 2018
* International Nursing Congress on “Innovative Avenues: Practice drives Education, Research, and Policy” on October 16 – 17, 2018. Jordan University of Science and Technology
* The HCT Third ASET 2020 Multi conferences. HCT- Dubi Men’s Campus UAE. 4-6 February 2020
* The 11th scientific day for the faculty of Nursing: New innovations in nursing education, practice and research: future perspective. Mutah University 18-10-2022

# Presentations

* Motivational factors of diploma nurses to continue their education. The Third Scientific day for Allied Health Professions 23-24 May 2000 Royal Medical Services.
* Military nurses’ reasons for non-participation in continuing education. Al albayt University. Faculty of Nursing April 2007 [presenter]
* Continuing Professional Development: Professional versus Personal Concern. 16th Nursing and allied Health Profession Scientific Day. April 2007[presenter]
* The Influence of Organizational Issues on Participation and Non Participation in Continuing Education among Military Nurses. Second International Nursing Conference. Jordanian Nursing Council. March 2008 [presenter]
* Why do Nursing Students look for Orthodontic Treatment? [poster presentation] The 4th International Conference of the Royal Medical Services. May 2008 Amman-Jordan[presenter]

* An Analysis of Continuing Education Needs of Military Nurses. The 4th International Conference of the Royal Medical Services. May 2008 Amman-Jordan[presenter]

* Continuing Professional Development (CPD) in Military Hospitals: What is the Benefit for Nurses? Princess Mona College of Nursing, July, 2008 [presenter]
* Continuing Education: A Framework for Development and Policy Recommendations in Military Hospital. The 3nd scientific day. Princess Mona College of Nursing and Allied Health Professions November 2010[presenter]
* Using the Nursing Care Plan as a Learning Tool: The Experiences of Jordanian Nursing Students. The 7th International Conference of the Royal Medical Services. November, 2014[presenter]
* **Advances in Engineering Technology & Sciences Multi-Conference (ASET), 4-6 February 2020. “The** Effect of International Courses on Nursing Practice at Jordanian Hospitals” PRESENTER. Dubai-UAE.

# Professional experiences

1986-1988: Staff nurse at Burn unit - Royal Medical Services. Jordan

1988-1989: Staff nurse at Recovery - Room Royal Medical Services. Jordan

1988-1991: Staff nurse at Operation Rooms- Royal Medical Services. Jordan

1997-2001: Clinical Instructor Princes Mona College of Nursing Royal Medical Services. Jordan

2003-2005: Staff nurse at operation Rooms Trafford General Hospital at Manchester Uk

# Professional Training

* Burn Care Course, Royal Medical Services. 1987
* AO Trauma- Basic Principles for fractures management for ORP. February 2014
* Mu’tah University Computer Driving License (MUCDL). Mutah University 2015.

# workshops

* Writing for Publication in nursing: Reach the stars. Jordanian Nursing Council. April 2008
* Evidence Based Nursing and Midwifery Practice: A workshop for nurses and Midwifes. May, 2008, Faculty of Nursing. Mutah University
* Washing Hand workshop. Royal Medical Services. August 2008
* Pain Management in Children. Princess Mona College of Nursing. December 2009
* Patient Education in DM different Perspectives. Princess Mona College of Nursing. August 2010
* Using Moodle as a Learning Management System, Mutah University July 2011
* Infection Control. Princess Mona College of Nursing. April 2012
* Challenges of family planning and reproductive health in Jordan. Princess Mona College of Nursing. December, 2012
* Leadership in Nursing. Royal Medical Services. November 2014
* Inter-Professional Communication. Royal Medical Services. November 2014
* Domestic Violence. Princess Muna College of Nursing 2015.
* Simulation Methodology Workshop. Jordanian Nursing Council. March 2019.

# Professional Service

* Head of the Committee for Evaluation of Medical Forms Using in Royal Medical Services
* Member of Scientific Committee at Princess Mona College of Nursing
* Member of Scientific Committee for Nursing Department Royal Medical Services
* Member of Scientific Committee for the International Conference for Royal Medical Services
* Member of Scientific Committee for the International Conference for Jordanian Nursing Council
* Member of the Committee for Publishing Nursing Journal for Nursing and Midwifery Association
* Member of the Post Graduate Studies. Princess Mona College of Nursing
* Member of the Ethical Committee. Princess Mona College of Nursing
* Coordinator of Burn Course at Royal Medical Services
* Coordinator of Research Courses at Royal Medical Services

* Coordinator of Adult Nursing Courses at Royal Medical Services
* Coordinator of Operation Room Courses at Royal Medical Services
* General Supervisor of all Continuing Education Courses for Nurses at Royal Medical Services
* Lecturer –Department of Clinical Nursing. Princess Mona College of Nursing 2006-2009
* Head of Clinical Nursing Dep. Princess Mona College of Nursing 2006-2014
* Assistant Dean for academic affairs. Princess Mona College of Nursing. April 2014-July-2015
* Dean of Princess Mona College of Nursing. June,2015- March 2017
* Faculty member. Department of adult Nursing/ Mutah University March 2017-tell now
* Faculty member of Health Science Dep. Higher Colleges of Technology HCT, Sharjah UAE (August 2019-August 2020).
* Program Team Leader PTL; Higher Colleges of Technology HCT, Ras Al Khaimah UAE (August 2020-July 2021).
* Team leader for Adult nursing specialties- JNC-JORDAN 2022

# Supervised/ examiner msc thesis

1. Aida Al-Suhemat: **Relationship maternal level of education, nutritional practice and iron deficiency anemia among preschools in karak city/Jordan -2015**
2. Roula Hmed Al-Bustanji: **Relationship between physical activity, sedentary behavior and prevalence of obesity among preschool children-2015**
3. Salah AL- Zawaherh: **Family Needs of Critically ill Children-2015**
4. Haya Douhal: **Nurses’ knowledge and practice about the appropriate body mechanics techniques and nonspecific back pain -2023**

# Computer Skills

ICDL

Microsoft skills

# References

**Professor Moyad Mustafa PhD, RN**

Clinical Nursing Department

University of Jordan

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**Professor Noordeen Shoqirat PhD, RN**

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